



## Frontal Synchronization Biases in Obsessive-Compulsive Disorders\*

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**Abstract—** Obsessive Compulsive Disorder (OCD) is one of the most common neuropsychiatric disorder in the community. Several neuroimaging systems shows that OCD causes functional disorders in the frontal lobe. In this study, the effects of the OCD on the frontal part are investigated with Inter-Channels Phase Clustering (ICPC) method. According to the Significant desynchronization was detected in slow EEG bands for 7 electrodes on the frontal lobe. These findings are consistent with the previous results that obtained by other neuroimaging devices. The results are also showed that loss of frontal synchronization cause functional disconnectivity. In addition to this, it can be concluded that OCD may cause many cognitive dysfunctions, such as loss of memory.

### I. INTRODUCTION

Obsession is determined as intrusive, stressful, repetitive thoughts or images. Compulsion is mental acts and behaviors that are triggered by these thoughts. Obsessive-Compulsive Disorders is a neuropsychiatric disorders and it is characterised by the occurrence of either obsessions, compulsive acts or, most commonly, both [1,2].

Electroencephalography (EEG) device can records electrical activation of brain. EEG was used to investigate neurological and neuropsychiatric disorders. Mutual Information method was used for researching Alzheimer [3], and schizophrenia diseases [4]. Synchronization Likelihood method was used for monitoring epileptic activity in neonates and prediction of seizures [5] and successfully results were obtained in correlation with cognitive functions (working memory) and clinical rating scores [6]. Strong evidences and biomarkers were found in early diagnosis of Alzheimer disease with Stochastic Event Synchronization method [7]. Functional connectivity was analyzed by Global Field Synchronization (GFS) method in schizophrenia [8], Alzheimer [9] and OCD [10]. Decreased synchronization was detected in these diseases and it refers functional disconnectivity and cognitive dysfunctions. Global Synchronization Index and S estimator were also used for research in mild cognitive impairment (MCI) [11].

Inter-Channels Phase Clustering (ICPC) Method is derived from Inter-Trial Phase Clustering (ITPC). Method. ITPC method computes phase coupling between EEG epochs but ICPC calculates the phase consistency between EEG channels. Because of this, ICPC can compute regional or global phase synchronization. To our knowledge this is the first study of the method to investigate OCD. In past, ITPC method was used in several study in past. It was used for detecting error-related

activity in medial prefrontal cortex (mPFC). Theta phase synchronization between the electrodes, located over the mPFC region and lateral prefrontal cortex (LPFC) give information about error-related activity [12]. Beside this, Autism Spectrum Disorder (ASD) [13] and Parkinson disease was investigated by the method [14].

In this study, OCD effects on frontal phase synchronization, functional connectivity and cognitive functions were investigated. Since the previous neuroimaging studies suggested that OCD causes abnormal functional dynamics in frontal lobe, we analyze only synchronization degree of frontal lobe [15,16].

### II. MATERIAL AND METHODS

#### A. Subjects and EEG Recording

18 OCD patients (8 female and 10 male) and 15 (7 female and 8 male) age and gender matched healthy controls (HCs) volunteers participated in this. The EEG data were enrolled from voluntary patients and age matched healthy controls at the Uskudar University Neuropsychiatry Health Practice and Research Centre. The volunteers had been informed about examination processes by neuropsychiatrist physician. Informative form of written consent was signed by all the participants. Helsinki Declaration the ethical principles for medical research involving human subjects, were obeyed, and the thesis research protocol was approved by Uskudar University Clinical Research Ethics Committee. Neuroscan Synamps II (Neuroscan Products, Compumedics, USA) recording system was used for recording and it is including a quick cap. Scalp potentials are used for determining neural oscillations. Electrodes were placed on scelp as International 10-20 electrode system. The recording room was light controlled and sound attenuated. EEG data were sampled at a frequency of 250 Hz. The analogue-to-digital converter was 16-bit. The impedance values of the Ag/AgCl surface electrodes were maintained at less than 5 k $\Omega$ . To remove artefacts originated from eye blinks (EOG signals) or body movements, values were rejected with levels of 50  $\mu$ Volt peak-to-peak. Both vertical and horizontal bipolar EOG signals were measured by using electrodes, which were placed inferior to the right eye and to the left and right outer canthi of the eyes. A band pass filter (0.5-70 Hz) was applied to raw data in Scan Edit 4.3 software. Power-line interference of 50 Hz was suppressed by a Notch filter. Finally, muscle

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One of the best advantages of the method is that it can compute the global phase synchronization value for the whole brain as well as provide information about regional (frontal, parietal, temporal, occipital) synchronization value. ICPC method can be calculated with equation 2.

$$ICPC_{tf} = \left| n^{-1} \sum_{r=1}^n e^{-ik_t f r} \right|$$

where 'n' denotes the number of EEG channels, 'tf' is time-frequency point, 'r' is one trial and 'k' refers to phase angle.

### III. RESULTS

In the present study, we investigated that OCD effects on neurophysiological mechanism such as brain wave's synchronization and functional connectivity between brain structures, cognitive processes in frontal lobe. ICPC method very successfully applied in past but these are generally studied event related potentials and investigating the effects of stimulation. The ICPC algorithms was adapted for investigating resting state EEG data. Synchronization values was computed both each channel and each EEG band such as delta (0.0-4.0 Hz), theta (4.0-7.0 Hz). 15 HCs and 18 OCD data was analyzed. Analyzes results was shown in Table 1.

TABLE I. STATISTICAL ANALYZES RESULTS

	Delta Band	Theta Band
OCD Synchronization Values	0.350	0.348
Standart Deviation	0.014	0.011
HCs Synchronization Values	0.312	0.3245
Standart Deviation	0.011	0.028
p value	0.0001	0.0001

The ICPC values were computed for OCD patients and HCs volunteers. Statistical analyses of results were performed by nonparametric Mann-Whitney-U test. The values were computed separately for slow frequency bands and differed significantly between the groups in the delta band ( $p < 0.001$ ) and theta band ( $p < 0.001$ ) were found.

### IV. DISCUSSION AND CONCLUSION

Our results are consistent with findings of previous neuroimaging studies [15,16]. The loss of synchronization observed in the frontal region by the ICPC method can be calculated more powerful than the differences in other synchronization studies. In previous studies, decreased synchronization in schizophrenia was investigated in theta band by using GFS method [8]. It was found that OCD causes in frontal desynchronization in a study [10]. In these studies, the loss of synchronization was assessed as a decrease in the functional disconnectivity between brain networks. Our findings show that OCD causes a decrease in functional

connectivity in the frontal region. EEG source localization studies show that theta waves have been generated from hippocampus and it manage to memory functions. Since this region also manages memory functions, our results can be assessed as OCD causes to impairment on memory functions.

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